Tiggy

Tiggy gets you moving and is really good exercise.

In Tiggy you need at least three people.

The equipment you need is a big field or a playground or a back yard.

The aim of the game is to tag someone.

There is one person who is it and they have to try to tag the other people. If you get tagged by the tagger you are it. But you can’t tag the person who tagged you. You call them your master.

Tiggy can be dangerous because everyone is running around. Make sure you don’t hurt anybody.